



SERVICES at ALL SAINTS

29th March (Palm Sunday), 10.30am - Holy Communion 30th March, 4pm - Compline

31st March, 12 noon - Holy Communion followed by lunch 1st April, 9am - Morning Prayer

2nd April (Maundy Thursday), 9am - Morning Prayer

3rd April (Good Friday), 12 noon - Meditation on the Cross

10th May, 6.30pm - Flower Festival Evensong

5th April (Easter Sunday), 8am - Holy Communion followed by breakfast

Regular Sunday Services at 10.30am at All Saints Morning Prayer each Friday at 9.00am

SERVICES at ST. MARY'S, BURES

2nd April (Maundy Thursday), 8pm - Holy Communion and Supper sign up in Church for supper or ring Sue Ryman on 01787 227715.

3rd April (Good Friday), 10.30am - Family Service and Walk of Witness

2pm - Meditation on the Cross

5th April (Easter Sunday), 10.30am - Holy Communion.

The Vicarage, Bures

Dear Friends, Easter 2015

One of the nicest things I've discovered in my first months as vicar here is that All Saints, Little Cornard does hospitality really well! Whether it's tea and coffee after a service, or the Harvest Supper, or lunch on the First Tuesday of the month, the food and welcome on offer are second to none. So when I learned that breakfast is served after the 8am Holy Communion service on Easter Sunday, I made sure that my name was firmly down on the rota to take that particular service!

A nice cooked breakfast in the company of friends has a particular resonance at Easter time. It reminds me of the account in John's gospel when Jesus appears, at first unrecognised, to his disciples on the lake shore. It is very early in the morning and their night's fishing has been fruitless; or at least it is until they heed the stranger's advice as he calls out to them to try their nets on the other side of the boat. Then they haul in masses of fish – 153 in all – and they come ashore to enjoy breakfast cooked over a hot charcoal fire. And in the act of eating breakfast together they recognise Jesus among them. It's a particularly poignant moment for Peter, the one who just a few days earlier had denied Jesus around a different charcoal fire in Jerusalem. Peter is restored and forgiven by Jesus as he tucks into breakfast, the smell of the charcoal fire in his nostrils.

The disciples had experienced the emotional rollercoaster of deep distress turning to wondrous excitement as they witnessed first the crucifixion and then the resurrection of Jesus. But now, after the astonishing highs of the last few days, they were having to return to the ordinary things of life – earning enough to eat and pay the rent. And here they meet Jesus in the most ordinary of things – a barbeque on the beach - and Peter finds restoration and renewal.

They have experienced the religious high of Easter and now things are back to normal. Except that because they're now making their way through life with an awareness that they had a risen saviour, some things have subtly changed. A different set of ideas is influencing their everyday behaviour. Old habits of casting nets on the left side are being changed to right-handed alternatives and the results are good. Something as commonplace as breakfast is being enriched by the presence of God.

The story of Easter has the power to change and renew the ordinary. The resurrection of Jesus can be a reality every day. These quiet transformations can be ours. Come and join us for an Easter Sunday breakfast if you can. You never know who you might meet.

With best wishes for a joyful Easter, Steve.

CHURCH OPENING

The Schoolroom and Church are open every first Tuesday of the month, between 10.00 am and 4.00 pm

Anyone will be welcome to join us for refreshments, (including soup at lunchtime!) and general socialising or, if you prefer, enjoy some peace and quiet reflection in our church.

If you require any further information please contact

Brenda Pentney 01787 227615 or Virginia Mackman 01787 228077

Churchwarden's Corner

The Church has been busy since the last edition of the magazine.

On the First Tuesday/Open Church in December there was the usual mix of church goers and non church goers and a full Christmas dinner was enjoyed.

This was followed by a 'Pover – tea' and a donation of £30 was made to the Church Urban Fund. In January we had a choice of turkey curry or cottage pie for lunch and the usual fellowship and support.

Our services have included:

The Christingle service in November which was well attended and we were pleased to send a good donation to the Children's Society.

The Carol Service in December had a full congregation and with total candlelight and wonderful flower arrangements the church looked beautiful. The atmosphere was extraordinary and Clare Lodge sang a solo of the first verse of Once in Royal David's City to start the service.

Donated mince pies and mulled wine that was supplied and served by the Apter family, followed in the school room and created a lovely start to the Christmas festivities.

The Christmas morning service had a real sense of joyfulness and conveyed the real meaning of Christmas.

The year finished with a Benefice service at All Saints.

The New Year started with a service for Plough Sunday. The church was suitably decorated with seeds and a hand plough that John Gridley kindly lent us. This is the second year we have held this service and it is a tradition we are going to continue as we are surrounded by farms and feel it is a good opportunity to take stock of all the work that is done whatever the time of year.

Bells update

The structural engineer has now submitted his report which on the whole has proved favourable. The Bell Committee are meeting regularly and progress is being made with regards to researching the best way forward with regards to the restoration and fund raising.

In November we as Churchwardens approached Rev Steve Morley about purchasing an Advent Candle wreath to mark our time as Churchwardens. He agreed and permission was also given by the Archdeacon. So as a gift from us the Advent Candle wreath was purchased and used during the Advent services.

Drawings for handrails to be installed at the entrance to the porch have been obtained and the Diocese has been consulted, as a result we have been told that a full faculty is required and we are now going through the process which necessitates a lot of form filling to gain approval and then have them fitted.

The car park driveway has been surfaced and levelled and now people will be able to drive in safely.

The wiring has been laid and watertight sockets fitted so floodlighting can be put out with ease. There have been three lights purchased which light the car park, east end of the church and the pathway round the east end.

We are now looking forward to the forthcoming season of lent during which we will run our weekly soup lunches every Tuesday in the schoolroom starting on 24th February at 12 noon. Any donations will be given to charity. There will be services every day during Holy Week; times vary, so please check the notice boards or website for details.

On Easter Day there will be a Holy Communion service at 8.00 am followed by the usual breakfast in the schoolroom. **Brenda Pentney and Robert Mackman**

Prayer Diary for those in Need

There is a Prayer Diary at All Saints for anyone to place a name of their loved ones or friends who are in need of our prayers. It is updated every week and they will be prayed for at 'the Morning Prayer Service' on Fridays. If you wish to place a name in the Prayer Diary you will find the Diary in the schoolroom or ask Brenda Pentney or Robert Mackman.

'Holy Lord and Father, almighty and eternal God, who pours into broken human bodies, the healing Grace of your own blessing' **Elke Cattermole**

Lawyers for life

Bates Wells & Braithwaite

Solicitors advising on:

- Accident Claims/Personal Injury
- Agriculture and Rural Business
- Children
- Commercial and Company Law
- Commercial/Business Disputes
- Debt Recovery
- Employment
- Estates, Trusts and Wills
- Family
- Litigation/Dispute Resolution
- Matrimonial
- Residential Property



Bates Wells & Braithwaite Limited
27 Friars Street Sudbury Suffolk CO10 2AD

T: 01787 880440 F: 01787 880488

www.bwblegal.com

CHURCH FLOWERS

Thankyou to everyone involved with the Christmas decorations for the Church, as usual it looked lovely and made a beautiful display for the festivities

Marian and I would also like to thank all the members of the Flower and Cleaning rota for their help during the year, and give a warm welcome to some new members for 2015.

Easter Lilies - I will be purchasing Lilies for decorating the Church for Easter. If anyone would like to make a contribution in memory of a loved one, please contact our Treasurer, Patricia Monk, on 01787 227614.

Easter Decorating - Marian and I will contact the Flower Ladies nearer the time as there will be Services during the week prior to Easter Day. Any queries please contact Marian Turner 01787 377889 or Sue Macdiarmid 01787 375858.

Flower Festival - This will take place as usual on the second weekend in May, 9th and 10th. Marian and I will be in touch with all those who help nearer the time. Also if anyone would like to help in any way please get in touch with us. **Sue MacDiarmid**

STOREHOUSE PROJECT

We continue to support this very necessary cause and they are extremely grateful for all our contributions. At Christmas the organisation was able to help many families and include some 'extras' for the Children.

SUFFOLK HISTORIC CHURCHES ANNUAL BICYCLE RIDE

The weather was kind for the Bike Ride in 2014 and we had 15 visitors - some from as far afield as Rayleigh, Mildenhall and Dunmow!! As yet there is no total of money raised as cheques are still coming in. However the organisers think the final total will be a little down on the previous year.



Sue MacDiarmid - 01787 375858

LITTLE CORNARD PARISH CLERK

Hi, my name is Dave Crimmin and I took over from John Quick as the Clerk to Little Cornard Parish Council on the 19th January 2015. I have lived in Newton for the past 30 years and I am currently the Clerk for Assington, Chilton, Great Waldingfield, Newton and Polstead Parish Councils' as well as Little Cornard.

With this number of councils to look after I am very much a full time Clerk so can be contacted on my home telephone number of 01787 375085 from 8am to 6.30pm on any weekday excluding Bank Holidays. If I am out leave me a message and I will get back to you.

Outside of these hours please email me on yourclerk@btinternet.com as I tend to review my emails at least once or twice a day. If it is an emergency relating to the Parish Council then call me at any time.

I look forward to meeting you in due course.

Morning Prayer on Friday Mornings at All Saints, Little Cornard

'For where two or three come together in my name, there am I with them' Matthew 18:20

Every Friday Morning at All Saints Church in the schoolroom there is a said Morning Prayer Service. About six to ten of us have been meeting since autumn 2014.

The service is between 9-9.30 am when a contemporary form of liturgy of Morning Prayer is used following the Church calendar. Canticles and prayers are said, the Psalm, Old and New Testament readings and Collect for the Day are taken from the lectionary. A brief Homily/talk takes place after the biblical readings. There is then a short time of open prayer/intercessions where the needs of the church, world, village, and those we know are prayed for.

After our service we all enjoy a cup of coffee or tea where we often talk about the readings and other relevant topics

reflecting on the service.

This service is 'Open' to all who would like to join us for this time of reflective prayer time.

Elke Cattermole

New office TO LET in Sudbury Road, Bures St Mary

Suitable for 1-3 people 26.5 sq metres with kitchenette etc and own parking Available APRIL 2015 All enquiries 01787 227203



Carol Singing

A small hardy bunch of souls ventured forth just before Christmas to bring seasonal 'cheer' to the village. Unfortunately due to a mixture of illness and other appointments, the attendance was fewer than in previous years. Sadly too there were no younger members among the carol singers. Despite this and thanks to the generosity of the people visited, £70 was raised towards St Nicholas Hospice.

Afterwards Elizabeth Druce kindly provided the very welcome mulled wine and refreshments. **Geoff Gardiner**

Village Hall Fundraising Hog Roast

By kind permission of The Johnson Family, we are to hold a hog roast at Yorley Farm on Sunday, 5th July from 1.00 p.m. to 5.00 p.m.

Live music will be provided and hopefully displays of old farm machinery and classic cars.

Watch the village notice boards for further information regarding tickets, etc.

BURES FILM CLUB

3rd Thursday each month at The Community Centre -Tickets £4 for adults - pay on the door. Telephone Alan Ryman - 01787 227715 for information.

HORTICULTURAL SOCIETY

Plant Sale Saturday 9th May in The Community Centre; Horticultural Show - 29th August.

DATE WHICH MAY BE OF INTEREST TO GARDENERS!

'Place for Plants' at East Bergholt www.placeforplants.co.uk - will be holding their Annual Open Weekend on 21st and 22nd March.

BURES OPEN GARDENS

30th and 31st May.

Watch for posters etc for details nearer to the dates of the above events.

By Sarah Grffin

The greatest joy in journalism is the opportunity it affords to meet so many fascinating men and women. Until December however, I'd never interviewed a man who'd become a woman, nor a woman who'd become a man. Then I was sent to ask Britain's only transgender military pilot, an RAF Search and Rescue specialist, if she'd tell her story.

I didn't know what Ayla Holdom (a woman born into a man's body) looked like. So when a tall, slim and actually rather gorgeous brunette opened the door I was wrong footed, peering politely beyond her for someone who more closely resembled the stubbly stereotype of a sex change man.

Shame on me.

For Flight Lieutenant Holdom doesn't just look like a woman, she has a female presence too. She is a woman as clearly as I am but it was her misfortune to be assigned a male gender at birth. (That's how people from the Transgender community choose to refer to it - there is no sex swap, transitioning is about changing their physical body so it corresponds to their real gender.)

She let me in hesitantly. She had every right to be cautious. Her plan to transition had been featured in the national press several years ago with the splash headline 'RAF chopper pilot to lose his chopper.' She had been publicly hurt and humiliated at a time when she'd never been more in need of privacy and support. It didn't help that she was a colleague of Prince William based at RAF Valley in Wales. She never did find out who snitched on her.

We drank tea and talked. She told me how as a boy of four she'd known she was different and that all her life had been spent in pursuit of excellence to try to fill the void inside her. She had a black belt in martial arts, a degree in ecology and a gallantry medal for her military flying. She had married the love of her life and they had discussed having a family but it was never enough. When she found herself contemplating suicide she knew she had to change.

It was hard going through transition. There were days, she said, when she didn't have the courage to walk to the corner shop to buy a pint of milk, such was the abuse she received.

This is how she described it: 'You know you risk being ostracised, ridiculed,

belittled and made to feel somehow less human. You are the punchline in a big joke, or worse, still deemed to have a psychological condition.

'You are considered a freak and you put your career, your family ties and your friendships on the line. That's why you deny it, why you deny it even to yourself until the need to do something about it is so overwhelming it makes life impossible – truly impossible.'

So she did something. Undergoing as few procedures as she could to ensure she remained operationally effective in the RAF and she became, over the course of two years, a woman.

The day she returned to RAF Valley still with a male photograph on her ID pass the gnarled old warrant officer guarding the gate waved her through with a salute and a crisp 'Good Morning Ma'am'. His type, she said, would have taken her round the back of the shed for a good kicking not so many years ago.

And that set the template for her treatment. 'I've been one of the boys as a man and a woman,' she laughed, pointing out in the military you're a rank and a member of a professional unit, that's all.

Then Prince William invited Flt Lt Holdom and her wife - for the couple have stayed married - to his wedding to the Duchess of Cambridge. They walked into Westminster Abbey together on one of their first outings as a female couple. Someday they hope to have a baby which is biologically their own - the pilot froze her sperm while she still had some.

They have the full support of their families. Flt Lt Holdom picked her own new first name but her second and third names were the ones chosen by her parents for the daughter they thought they didn't have more than 30 years ago.

There was a lot to chronicle but she was patient and easy going and not offended by the important stuff I didn't know. But then how many of us do?

It's always been easier to be amused - or in some cases horrified - by people like her, or even just plain mixed up about the difference between transgender and gay or men who feel more comfy wearing women's clothes but are neither transgender nor gay.

Continued Over

I was glad to learn and equally glad to explain the rudiments of her story to my children who have added it to their store of knowledge about what it is to be human.

Flt Lt Holdom outed herself because she wants other transgender people in the military to know it's not a game changer in career terms and because it gives her a platform to speak out on behalf of the wider community of people assigned the wrong body by Mother Nature.

She was pretty wonderful. And funny. When we gave each other a hug to say goodbye I trod on her toes. 'Yeah, still got big feet ...' she deadpanned.

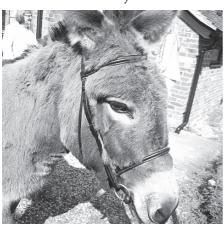
I'm writing this for the Spring magazine because spring represents new life. And I think casting off the body you were born with in favour of a new one which is truly you is a brave and perfect example of that.

All Saints Church Website

The church now has a website you can find it at **www.littlecornardchurch.org.uk** It is still in its infancy and there is continuing work to keep it updated.

Palm Sunday

This is Dilly. Dilly will be helping us at All Saints Church on Palm Sunday, 29th March, at our 10.30 Family Service, as she did last year. All are welcome to join us.



The 2015 Taste of Sudbury FOOD & DRINK FESTIVAL Promoting Local Produce & Local Restaurants

FRUIT & VEG • CHEESES
ICE CREAMS • SPIRITS
CHAMPAGNE • BEERS
JUICES • BAKERY
MEATS & FISH
COOKERY DEMOS
& LOTS MORE!

Market Hill & St Peter's, Sudbury
From 11am to 6pm - Sunday 14th June
FREE ENTRY • FREE PARKING • FREE TASTERS

enquiries@tasteofsudbury.co.uk www.tasteofsudbury.co.uk Contact Jane Hatton 01787 468634



Can You Help?

Sue Hughes, who lives in the village, is carrying out some really worthwhile research into how care affects older people, and in particular how home care practices affect their identity and how they feel about themselves.

She is looking for volunteers, so if you are receiving care at home or know someone who may be interested in taking part, please contact Sue on 07578 869384, or drop a line to Little Fold, Little Cornard, CO10 0PA.

Thank You to Eileen King

Eileen has decided to retire from Flower-arranging and Cleaning for our Church, and I would like to take this opportunity to thank her most sincerely for all she has done.

Eileen has been on the rota for over 40 years, she must have seen many changes! She joined Sally Barrett about 10 years ago (she thinks) to organise the rota using her expertise on the computer! She would often 'fill in' when gaps occurred due to illness or other problems.

So Eileen, we shall miss all your help and creativity, Happy Retirement, and Thank You. **Sue MacDiarmid**

G.F ENGINEERING SERVICES

All metalwork and steelwork requirements made to order

Steel beams
Structural steel
Fire escapes
Access stairs
Security grilles

Railings
Gates
Balconies
Garden furniture
Farm machinery repairs

If you have a project and you require anything made from steel, just ask as we can cater for your needs. Various finishes available eg. Paint, polyester powder coat and galvanising.

We have a fully equipped workshop in Great Cornard, Sudbury.

Contact Ged on 07989 418856 Email: gedifish@hotmail.com

Common Reed, Yellow Loosestrife & Creeping Jenny

CORNARD MERE - EASTER 2015

By Robin Ford - Voluntary warden, Cornard Mere

High rainfall during the past two years, after prolonged periods of drought, has created ideal conditions for Common Reed *Phragmites Australis* to flourish. Much of Cornard Mere is now reed bed, a rare and important habitat in its own right. However, small patches of fen vegetation still survive and one such area can be found to the north of the reserve, close to the garden of Little Mere. Shallow pools form here surrounded by rich wetland flora. Last summer the



native Yellow Loosestrife *Lysimachia vulgaris* (see photo) flowered exceptionally well. Not to be confused with Dotted Loosestrife *Lysimachia punctata*, a plant from central Europe and often grown in gardens, Yellow Loosestrife was once common along the banks of the river Stour. Sadly populations of this plant are now mostly confined to the few acres of the reserve. Close by another member of the primrose family, Creeping Jenny *Lysimachia nummularia*, can be found carpeting the exposed peat. In autumn migrating Wading birds can often be flushed from the margins of these pools. Approach slowly and you may glimpse a Green Sandpiper, a Common Snipe or an elusive Jack Snipe.

All Saints Church Flower Festival 2015

This year's Flower Festival will be on Saturday 9th and Sunday 10th May.

At the January meeting of the Parochial Church Council it was agreed that the proceeds from this year's Festival will be shared between the Church funds and The Suffolk Oxygen Therapy Unit (Suffolk MS Society). The church will be decorated with Flowers and Quilts . If you would like to help in any way please contact Sue MacDiarmid or Marian Turner for helping with flowers or Patricia Monk for helping with serving refreshments or contact me.

We are always very grateful for donations of cakes, preserves, etc.

Brenda Pentney

Report From the Village Hall Management Committee

We are very pleased and proud to report that the long-awaited repair work to the Village Hall kitchen has been completed! As you may be aware, this was necessary after a pipe burst in the kitchen, causing water damage to the units and walls last winter.

Not only is there a brand new, very smart kitchen, but remedial work has been done to the rear section of the Hall to prevent damp penetrating from outside. In the first instance, hard graft was done outside by Nigel and Peter in digging out the build-up of soil against the outside wall of the kitchen, and also digging out broken drainpipes which should have taken water away from the building.

Then Maljon, a well-renowned damp-proofing company, came in and stripped off the plaster, installed damp proofing and insulation in the kitchen, before replastering. In other sections (mainly in the corridor), damp proofing and plastering were done to about a metre high.

And then the pretty bit... a new kitchen! The slightly new layout gives more practical cupboard space, a new hob and oven, new sink and an instant hot water system. All very exciting, and more efficient.

Of course, all this was expensive, but I am pleased to say the work has been done in a very cost-effective way and there is still a (small amount!) left in the piggy bank! I am very grateful, however, to the Parish Council for its contribution towards this necessary work.

My thanks go to all those who have also contributed, but particularly to Clive Johnson, Patricia Monk, Nigel Monk and Peter Cook for their hard work.

We will be holding an afternoon tea party on the 7th March, to which all are welcome, so you can see for yourself the great improvement in the facilities at the Hall (more anon). **Ruth Adams - Chair**

Churchyard Mowing

If you would be interested in helping out on our rota for mowing the grass at the church, involving a couple of hours every 6/7 weeks, please contact one of the Churchwardens.

-Sudbury Symphony Orchestra :

Saturday 28th March 7.30 pm. St Peters, Sudbury Sudbury Symphony Orchestra playing Rachmaninoff's 2nd Piano Concerto with Jill Morton (piano) and Beethoven's 4th Symphony. Tickets £12 and children free at the door or can be booked by email: tickets@sudburysymphonyorchestra.com or from Compact Music, North Street, Sudbury

Saturday 27th June 7.30 pm. St Peters, Sudbury Rotary Prom Concert



www.sudburysymphonyorchestra.com NEXT CONCERT: 29th March, 2015. Michael George

THE CHIMNEY SPECIALISTS

01787 474727 www.rceng.co.uk

Established over 30 years our Company has the knowledge and expertise in all types of flues and chimneys which extends to insurance companies, builders, architects, private individuals and 'The Trade'.

Professional Flue Installers, Specialist in thatch properties. Our expertise covers CCTV chimney inspections and chimney sweeping.

- WE SUPPLY & INSTALL CHIMNEY LININGS & TWIN WALL FLUE SYSTEMS TO ALL APPLIANCES. DOMESTIC & COMMERCIAL
- SUPPLY & FIT WOOD & MULTI FUEL BURNERS
- ALL CHIMNEY SOLUTIONS & INSURANCE WORK FIRE & STORM DAMAGE
- · PERIOD PROPERTY SPECIALIST INCLUDING THATCH (MEMBERS OF SOLIFTEC)
- HETAS REGISTERED
- **SWEEPING & INSPECTION SERVICES** MITED



FEMME CARS PRIVATE HIRE & TAXI SERVICE

Safe and reliable drivers of 4,6,7and 8 Seaters including Wheelchair Accessible Vehicles

Female Drivers if requested
Call us for Parties, Airports and Business Trips.
Passenger Assistance available if required.

LOYALTY CARDS AVAILABLE
GIVING 10% DISCOUNT ON ALL JOURNEYS
We accept all major credit/debit cards

Tel: 01787 377585 Mob: 07779 752782

Email: Bookings@femmecars.com Web: www.femmecars.com 3 Kempson Drive, Great Cornard, Sudbury Suffolk CO10 0ND

YOUR LOCAL TAXI SERVICE

Sudbury Physiotherapy Centre 01787 378 178

MUSCULOSKELETAL & NEURO-PHYSIOTHERAPY

For all injuries, aches & pains from head to toe including paediatric. Neurological conditions – Strokes, Parkinson's, MS, fall related injuries.

CHIROPODY, PODIATRY & GAIT ANALYSIS

SPORTS MASSAGE, REFLEXOLOGY & SHIATSU

PILATES, CLINICAL HYPNOSIS, HOMEOPATHY & COUNSELLING

OPEN: Mon-Fri daytime plus Mon & Thurs eve & Sat am Discounts for the over 65's

For more information or an appointment: www.sudburyphysio.co.uk

8 Cornard Road, Sudbury Suffolk CO10 2XA

Report from James Cartlidge

This is my last piece for the Little Cornard Parish Magazine. As I said in the previous edition, I am standing down as a District Councillor and the 'moratorium' (i.e. closure of the current council term) commences at the end of March. The reason for my standing down is that I am seeking election as the Conservative Parliamentary Candidate for this constituency of South Suffolk, which most importantly includes Little Cornard. I've had a brief stint as your councillor but it's been most enjoyable, and I believe you are well served by your parish council.

In terms of my successor, this will be a matter to be decided by the electors of your council ward, Bures St Mary (which includes Little Cornard together with Newton Green and Bures St Mary itself). Candidates from other parties will no doubt come forward but at the time of writing I can confirm that Lee Parker, a Parish Councillor in Newton Green, will be standing for our party in the Babergh District elections in May, to be held on the same day as the general election. Lee lives in the ward, runs his own business in Sudbury and is very much a local lad 'born and bred'. I believe he is an excellent candidate and as a parish councillor is familiar with many of the issues you face. In my dealings with Lee Parker and Newton Green PC I have of course also had the pleasure of working with Dave Crimmin, your new clerk, who will bring great experience to the role. All in all, it's a case of changing times and changing faces but hopefully Little Cornard will go on much as before – a lovely village to be proud of and cherished.

Good News

Our village hall is now fully usable again, complete with a new kitchen, after a major water leak. The last time the Hall had a major overhaul was in 1995, the villagers raising most of the money by arranging many entertainments and functions.

Several fundraising activities have taken place, in particular the BBQ at Peter Schwind's and the Raffle set up by Tony Moore just before he died. Additionally the insurance settlement for the water damage in the kitchen together with a donation from the Parish Council has enabled all expenses to be covered.

A big thank you must be said to Clive Johnson (Parish Council Chairman) and his helper Steve Cullum, Patricia and Nigel Monk, Ruth Adams and Peter Cook for all the work they have put in, and also to Gerald Bird for his professional advice. **Eileen**

Feedback from James Finch

Your Suffolk County Councillor for the Stour Valley

Young People Caught in Ipswich Truancy Sweep

49 young people were found truanting from school on one day in mid-December, during a community operation carried out by SCC's education welfare officers and Suffolk Police in Ipswich town centre and the surrounding areas. As a result, two young people were immediately returned to school and a further nine students will be issued with fixed penalty notices for being out of school without authorisation. This sweep was part of a series of on-going operations aimed at tackling truancy and ensuring children are in the safety of a school or learning environment during term time.

New gritters join Suffolk highways' winter response

Nine new Econ gritters have been purchased in the last few months to replace ageing ones in SCC's highways fleet. On top of this, a further 29 gritters have been upgraded since the contract between Kier MG and the county council began, significantly improving the winter service provided across the county. SCC's highways team has 39 gritters, each with an attachable snow plough and three mini-gritters which are designed for areas with weight restrictions, such as bridges. There are 112 operators ready to help keep the county moving when temperatures drop and when there is snowfall. Suffolk Highways know how important it is to keep Suffolk moving during the cold winter months. The purchase of these new gritters is a sign of our determination to do all we can to ensure this happens.

Parents urged to have their say on school admissions consultation

SCC is seeking views on its proposed admissions policy for the 2016/17 school year; ensuring school places are offered to children in a fair way. The consultation, which was launched at the end of December, will run until Friday 27 February 2015. There are a number of proposals for changes in admissions for the 2016/17 school year; including the introduction of a second round of admissions for the normal year of entry to a school. This will be for late applications made after the closing date and before the offer date, when no previous application has been made or where exceptional circumstances apply; and allowing a maximum of three live preferences for the normal year of entry at any one time. To view the consultation documents and to have your say on the proposals, please visit www.suffolk.gov.uk/consultations, alternatively you can write to Georgina Beard, Suffolk County Council, Endeavour House, 8 Russell Road, Ipswich, IP1 2BX or email: admissionsconsultation@suffolk.gov.uk

Pioneering scheme will keep people warm this winter

Help is at hand to keep Suffolk people warm this winter thanks to the Warm Homes Healthy People scheme, which makes it cheaper for vulnerable people and families to stay warm over the colder months. Each winter, one older person in the UK dies needlessly every seven minutes from the cold – that's 200 deaths a day that could be prevented. Keeping warm in the colder weather is essential to prevent colds, flu and more serious health conditions such as heart attacks, strokes, pneumonia and the consequences of falls. To self-refer to the project, eligible Suffolk residents can contact 0845 037 686 for free advice and support. GPs and other health professionals can refer people by secure email warmhomereferrals@suffolk.gcsx.gov.uk

Suffolk County Council leads calls for greater mobile phone network coverage

As part of its drive to support economic growth and improved infrastructure Councillors led calls at the Council meeting on 18th December for mobile network providers to deliver greater coverage across the county. A motion at the council meeting was unanimously agreed. I was particularly thinking of my own area as I took part in this debate. A Suffolk-wide forum will be led by SCC representatives to push the campaign forward. The forum plans to approach the Secretary of State for Culture, Media and Sport to raise this issue and host meetings with businesses and members of the community to hear their views.

My priorities for Suffolk

Education - Supporting Vulnerable People - Jobs and Growth Localism & the Stour Valley - Building on Suffolk's Strength - all underpinned by strong financial management and low council tax

GOD'S EMAIL

One day God was looking down at earth and saw all of the rascally retirees' behaviour that was going on... So He called His angels and sent one to earth for a time. When the angel returned, he told God, Yes, it is bad on earth; 95% of retirees are misbehaving and only 5% are not.

God thought for a moment and said, 'Maybe I had better send down a second angel to get another opinion.'So God called another angel and sent her to earth for a time.

When the angel returned, she went to God and said, 'Yes, it's true. The earth is in decline; 95% of retirees are misbehaving, but 5% are being good...'God was not pleased.

So He decided to e-mail the 5% who were good, because he wanted to encourage them, and give them a little something to help them keep going. Do you know what the e-mail said?

Okay, I was just wondering, because I didn't get one either.



Registered Charity No. 1022588

CWBC

A voluntary organisation offering help and support to those who are going through or have been through the trauma of breast cancer or any breast disorder

We offer support throughout

EAST ANGLIA

To contact a supporter in your area, please telephone our Support Line at local rate on

0845 601 7152

24 Hours a Day, 365 Days a Year

Coping with Breast Cancer
Westerfield Business Centre
Main Road, Westerfield
Ipswich IP6 9AB
www.copingwithbreastcancer.org
Registered Charity No. 1022588

USEFUL CONTACTS & EMERGENCY NUMBERS

Police, Fire, Ambulance emergencies Police – Sudbury Police Station, 9.00 am

Minicom users with hearing difficultiesI

Phone 999 5.00 pm , Acton Lane, Sudbury CO10 1QN Phone: 101

01473 611160

Online: Highways – Report potholes, dangerous road defects etc. via : www.suffolk.gov.uk/environment-and-transport/highways or

Other Enquiries by telephone: 0845 6066171,

Out of Hours telephone: Mon-Fri; 1.00pm Sat -8.30am Anglian Water

Mains Water leaks
Water supply (+public sewerage emergencies)

Report Electricity power problems
New Parish Council website domain:

Little Cornard Village Hall

All Saints Church - Wardens:

8.30am-6.00pm Monday-Friday, 9.00am-1.00pm Saturdays. 01473 433444, 6.00pm-8.30am

www.anglianwater.co.uk/ 0800 771881 08457 145145 0800 783 8866 / 0124350 8866 www.littlecornard.onesuffolk.net

Noel King 01787 227447

Ruth Adams 01787 227467

Robert Mackman 01787 228077

Brenda Pentney 01787 227615

G.F SWEEPING SERVICES



If you have a traditional open fire or solid fuel burner and need your chimney swept, we offer a good clean service which can be done quickly with very little disruption to your home. We are based in Newton Green, Sudbury and cover all local villages and surrounding areas.

Insurance certificates issued Smoke testing Advice on bird guards and cowls

Bespoke fire baskets, fire dogs, fire guards and log holders made to order.

Contact Ged on 07989 418856 Email: gedifish@hotmail.com





STOREHOUSE FOODBANK

Collection Point at Little Cornard Church

The contributions at Little Cornard Church collection point are much appreciated and Storehouse is always very grateful to everyone who gives. A leaflet is produced each month informing us what they are short of.

Thankyou to everyone - Sue Macdiarmid - 01787 375858

Little Cornard Neighbourhood Watch



includes your garage and a wise move would be to fit security lighting where possible.

POLICE CONCERNS & WARNINGS

Special care should be given to making sure your car is securely locked at all times as car crime is on the increase. This advice also

Phil Gooch NHW Co-ordinator 01787 372013

A View From Little Cornard's Ridge

Twenty-five years ago Morag and I moved into a Hertfordshire rural village. The house had a long narrow stretch of field behind it with oddities hidden in the long grass and trees at the far end.

The house had been home for a retired dairyman whose delivery area was once in north London suburbs but who had put a small part of his dairy lands to the production of edible crops. Being of great age and ill health he then moved to a very small home leaving 'stuff' behind him.

In that long grass we discovered that he had wordlessly bequeathed to us (i.e. he said nothing about it in the 10 years before we heard that he had died) a rusty piece of agricultural machinery. In our subsequent two house moves it was the very last thing to be heaved on to the removal van (despite Morag's wishes that it be left behind for our successors — in the tradition of the milkman).

Having spent my life in offices with paper and words, I was reluctant to part with this derelict collection of metal. To me it represented the graft, the perpetual hard work of those in the rural, natural world and whom I had always respected. It was a symbol, an attractive reminder of the way things were.

Then recently we were asked to lend out this old item. And on the following Sunday morning it nestled at the far end of the aisle in Little Cornard Church where many gathered around it to think - despite the current world of technology - how important is the soil, the land and those who use and care for it.

This was the first Plough Service we had encountered and the little well-travelled plough (or is it a ridger) had performed again before resuming its rusting in a garden corner. **John Gridley**

Cheryl Bird Florist

Wedding flowers, floral tributes for funerals, party or special occasion flowers or just bouquets from fresh or silk flowers.

Tel: 01787 227259

www.cherylbirdflorist.co.uk Canhams, Upper Road, Lt. Cornard, Sudbury.

Bell Restoration at All Saints Little Cornard

There have been fourteen bell restorations in Suffolk in the last 10 years or so, Clopton is the latest. They have all been achieved in spectacular fashion with large amounts of money raised by enthusiastic people in periods of around two years although the planning prior to fundraising sometimes takes time to achieve. The word spectacular can also be used to describe the sound that now comes from those towers, Helmingham in particular where the bells were originally a commemoration of the Battle of Waterloo in 1816. But there are those close to Lt Cornard as well

What is precious about village life? – The organ softly playing the Prayer of St Francis at thanksgiving, carol singing, Onward Christian Soldiers. Bells calling people to church for Sunday service. During village activities, bowls, the street fair or half muffled on Armistice Day; Choirs cannot be heard across the village reminding everyone of the presence of God and a living village and Church.... bells can. It's how it has been since the 1400's

A survey by YouGov, commissioned by Ecclesiastical Insurance found that 66% of the general public, regardless of whether they are Christian or attend church, would be concerned if their local church fell into disrepair. 40% feel that it is an important part of their community's history and heritage – again regardless of whether they attend it or not. If someone was seen attacking a church 24% would shout or approach them and 86% would call the police. Ecclesiasticals' Head of church insurance, John Coates, said this "proves that church buildings are important for all members of the community, creating a sense of place and a degree of identity (May 2008) It is so important for the village to take part.

Doves Guide, a website as well as a hard backed publication, records details of church bells nationally; interesting reading not least because it illustrates the vast age range of bells in churches and where they were cast.

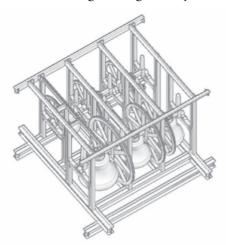
Bell restoration is a costly, once in a lifetime operation and it has to be done to last 100 -150 years and more. It is not fair to make do and mend leaving future generations with another big bill through a failure to do the job properly. It has to be done in a way that the 'machine' runs with a precision that is a pleasure to listen to and to be rung, with the minimum of maintenance. This means ending with bells up to standard in a lovely little church.

The amount of money needed does not depend on what can be afforded but on how much is required to achieve a thorough job. Heritage Lottery Fund is very supportive and in return for a 'culture' project whose purpose is normally to raise the knowledge of village heritage, will contribute a large, generous proportion of the cost. Funds also come from business and individuals sometimes for items such as providing or repairing a bell or paying for parts, some of which can have a memorial engraved on them. There are local and national It is exciting to see charities. contributions accumulate and of course there are village fundraising activities and who will deny that whilst they are hard work, they are fun too.

What about ringers? With bells that cannot be rung there are hardly likely to be ringers here. Bell restoration is a stimulation to ringing



Little Cornard - Derelict, rotting Belfry with bells not rung in living memory.



Modern Bells as are being planned for Little Cornard.

recruitment with encouragement from ringers around the area. This is proved by experience in other Suffolk restorations. Because little is seen of bell ringers other than in the pub after practise night or swamping a village during a ringing visit not much is known about the social culture they enjoy.

Suffolk ringers belong to a Guild which has a membership exceeding 600 and is known as The Suffolk Guild of Ringers for the Diocese of St Edmundsbury & Ipswich. Most counties in England have a similar organisation all under an umbrella organisation called The Central Council for Church Bell Ringers (CCCBR) which regulates ringing standards and so on. The President is normally the Bishop (it is hoped it will soon be the Reverend Canon Martin

Seeley). And the Guild website is http://www.suffolkbells.org.uk/. The guild is split into four districts each having a committee whose membership rotates 5 yearly and includes an accomplished ringer as Ringing Master. The present Ringing Master for the SW District is the tower captain at St Gregory. Sudbury.

Now I need to encourage you to step forward to learn to ring because a band is required for Little Cornard. There are youngsters and I know some twins and their parents and grandparents. Ringers come from all age groups ranging from 9 to 90 of both genders and there are family groups too many of which have grown from ringer relationships. It is not necessary to be a churchgoer or even to believe in God but ringing is a team effort and closely aligned to the church. Probably in no other activity is it so clear that everyone makes mistakes which sometimes annoy other members of the band (so public as well), and it creates a family/team and blame free group forever willing to help each other whatever their level of achievement. relationship that develops not only between ringers but also with churchgoers is what every one of us aspires to in our Christian lives. The majority of people have no problem learning to ring, although rhythm is important, it does not require the musical ear that a violin does and competence for the task of ringing church bells for Sunday Service is quickly reached. The thrill of ringing your first 1,2,3,4,5,6, 'rounds', has to be experienced to be believed.

Consequent on what has just been written, socially, ringing is incredible. Activities include group day visits to churches far and wide including Cathedrals and beautiful churches, yes it is gorgeous in a village and churchyard on a summer day. Also social events and monthly practice meetings around the district and county. Bells can often be heard during the weekdays. And there is the pub afterwards for drinks to be with friends. There is a thriving SG Young Ringers Group who compete with other young ringers in national competitions. Soon friendships develop for miles around, across the county and beyond. Some ringers have friends across the world. Many are fulfilled just by Sunday Service ringing and that is where it ends but as skill grows there are Quarter Peals (1260 changes) and Peals (5040 changes) to be rung. And of course ringing takes place for many Christian and state occasions. Your bells and ropes do need you!

John Taylor

The All Saints Tuesday Treat

Greeted with a tea or coffee and a warm smile, even a friendly hug, what more could you ask for on a cold winter's day.

Well that was only for starters. In a warm room next to All Saints Church at Little Cornard you quickly find yourself seated at a large, long table. After a good natter, the tablecloths and cutlery start to appear.

From the end of the room appetizing smells begin to waft down and we know that those devoted and organised ladies, are about to do their stuff! We've been given spoons as well as knives and forks, does this mean pudding we wonder, but are told soup is on the menu today.

Soon bowls of delicious lentil soup appear, accompanied by equally delicious home made wholemeal bread. All goes quiet as this welcome beverage is quickly consumed, 'nothing like homemade soup' you hear them mutter.

Next the large tray of piping hot jacket potatoes goes the rounds, along with hot baked beans, lashings of butter and grated cheese. Everyone dives in and just to add a spot of healthy crunch, an eye catching green salad is more than welcome.

Then just when we thought it must be all over the gooey chocolate cake (homemade of course) together with plates of fancies and yummy biscuits appear, and guess what, not a soul could say no.

After yet another tea or coffee and more happy chatter we finally take our leave of these kind and hospitable people. What a lovely treat All Saints church provides on the first Tuesday of the month. Who would dare to say that community doesn't exist?

Plough Sunday

Plough Sunday is a traditional English celebration at the beginning of the agricultural year. The celebration usually involves bringing a plough into church and we were fortunate that parishioner John Gridley, loaned us his old hand-plough for the service, held on 11th January. The congregation gathered around the plough for special prayers given by Rev. Mary. Tradition says that work in the fields did not begin until the day after Plough Sunday.



Handbell Ringers

After a break for various reasons in our handbell ringing we are planning to start again in earnest.

We are fortunate in having the use of thirty bells. Although over 100 years old they are in excellent condition having been restored by the Whitechapel Bell Foundry.

If anyone is interested in joining our group please let us know, no previous experience is necessary!! We can guarantee a very enjoyable, social and fun time. You will also discover all about Rounds and Queens!

Ginny and Robert Mackman 01787 228077

Calling All Bookworms!

A few of us have been sharing books and passing them to each other to read. Although as yet we have not formed an 'official' book group we have enjoyed sharing our thoughts and reactions to the books we have read.

The books cover all subjects, some novels, biographies, historical, fiction, non-fiction etc. Often we find we are reading books that we may not otherwise have done but encouraged by hearing about them from someone else.

We are open to the idea of forming a book group.

Let us know if you are interested in joining with us, it will be very relaxed and informal. Please contact either: Elke Cattermole 01787 227058 or Ginny Mackman 01787 228077

Recipe - LEMON CRUNCH

(Another recipe from The A-(Assington); B-(Bures); C-(Little Cornard) of Cooking Book)

Ingredients
4 oz digestive biscuits
2 oz margarine
Large tin condensed milk
Medium double cream
Rind and juice of 2 lemons

- Melt margarine in a pan. Add crushed biscuits. Press down into a loose bottomed flan ring. Cool. Put rind and juice of the lemons in a bowl. Add condensed milk and cream. Whisk until blended. DO NOT OVERWHISK, only until mixture has thickened slightly.
- Pour onto biscuit base and put in fridge, covered with foil. Make the day before or in early morning.

LITTLE CORNARD PARISH COUNCIL

Little Cornard Parish Council meets at the Village Hall five times a year. All meetings start at 7pm and members of the public or press may attend.

> Parish Council Meeting dates for 2015

Monday 13th April (APM) Monday 11th May (AGM) Monday 14th September Monday 9th November

REVISED DOMAIN NAME for Parish Council Website

AND
Email Contact Address

It can now be found at:

www.littlecornard.onesuffolk.net

There is a new email address for contacting the Parish Council:

yourclerk@btinternet.com

In response to requests from members of the public attending we will be making available a larger range of information as submitted by the Parish Council

GREAT CORNARD LIBRARY

at Thomas Gainsborough School - *Head Lane*.

Now Open Every Sunday until 3pm, *all year long!*School Term Opening Hours: Tel. 01787 315195

Monday, Tuesday, Wednesday

& Friday 8.30 am - 1.00 pm

1.30 pm - 5.00 pm

Thursday 8.30 am - 1.00 pm 1.30 pm - 7.00 pm

Saturday 10.00 am - 3.00 pm

Sunday 10.00 am - 3.00 pm

School Holidays:

Tue & Fri 10.00 am - 1.00 pm

1.30 pm - 5.00 pm

Thursday 2.00 pm - 7.00 pm Saturday 10.00 am - 3.00 pm

Sunday 10.00 am - 3.00 pm

The Mobile Library now visits Every month on Saturdays.

Or check with the driver for dates.

At Workhouse Green: 3.35 - 4.05 pm

Do continue to use

this well-stocked library and the assistance of the knowledgeable and helpful librarian - it is the easiest way to get hold of the latest publications at **NO EXPENSE.**

http://www.suffolkreads.onesuffolk.net/libraries-and-mobiles

MAGAZINE CONTRIBUTIONS

If you have any matter of interest or news item you would like included in the next issue of the Little Cornard Magazine, please contact:-

Doris Cutmore

Allestons, Chapel Lane Little Cornard.

Tel: 01787 375116

Patricia Monk

Kingsbury Cottage, Upper Road, Little Cornard.

Tel: 01787 227614

All articles etc. for the 2015 Harvest Issue to be received for inclusion by the 27th June 2015.

This is the Little Cornard Magazine which reports on all areas of interest in the parish. The Parish Council and the Village Hall Committee assist the Church with the finance of this magazine.

INFORMATION - INFORMATION - INFORMATION

Church:

Vicar - The Rev Stephen Morley, The Vicarage, Bures, Suffolk - 01787 227407.

Treasurer - Patricia Monk, Kingsbury Cottage, Upper Road, Little Cornard - 01787 227614

Secretary - Clare Lodge, 10 St. Peters Court, Sudbury - 01787 312494.

Churchwardens - Robert Mackman, Cobnut Cot., Upper Road, Lt. Cornard - 01787 228077

Brenda Pentney, 52 Colchester Road, Bures, Suffolk CO8 5AE - 01787 227615.

Members of the Parish Council:

Chairman: Clive Johnson, 'Oak Lodge', Upper Road, Little Cornard.

Vice Chairman: Peter Cutmore, 'Allestons', Chapel Lane, Little Cornard.

Members: Ruth Adams, Cheryl Crane; Phil Gooch; Nick Hammond and Noel King.

Parish Council Information Web Posting www.littlecornard.onesuffolk.net

 $\textbf{Clerk to the Parish Council:} \ Dave \ Crimmin- \ Email: your clerk @bt internet.com$

Village Hall:

The cost of hiring the Village Hall for a morning, afternoon or evening session is: £12 for villagers and £15 for all others.

Tables, chairs, cutlery etc are available for rent. For information please contact: Noel King, Booking Secretary on 01787 227447.

E. JOHNSON Farmers and Growers

Suppliers of

HAY, HAYLAGE, SHAVINGS, WHEAT & BARLEY STRAW

Delivery Service

* * *

Johnson's are proud to support the Little Cornard Parish Magazine

* * *

Yorley Farm, Little Cornard, Sudbury C010 0NZ

Telephone: (01787) 227353

M HEARNDEN

CARPENTER & JOINER

All types of woodwork undertaken

01787 248285



Wayne Hickford

Garden Contractor

19 St. Bartholomews Lane, Sudbury Tel: 01787 880044

Safari **Consultants** Limited

Is pleased to sponsor this Magazine

BORDER = **ROOFING**

TONY BUCK - BOB BUCK

Tel/Fax 01787 374920

Mobile: 0797 0668002

GET GREAT LOCAL COLOUR ADVERTISING At a brilliant price HERE!

Delivered three times a year to

EVERY

house in the village!

ADVERTISE HERE IN COLOUR

All text content is included in Google searches!

Brian Hearnden

General Builder, Painter and Decorator

01787 227964 07771 922817 hearnden14@btinternet.com



Furniture Workshop Tel: 01787 312115

Experts in all types of Antique Restoration and Upholstery Contract Work also Undertaken

P.J. Munday, The Old Brickworks, Chapel Lane, Little Cornard, Sudbury, Suffolk CO10 0PB

Barrett-Lee

Main Dealer Service at Independent Prices

- **Dealer Level Servicing**
- **Full Repair Facilities**
- Warranties are Safe
- **Full Diagnostics**
- **Power Upgrades**
- Air Conditioning
- **Class IV MOT Tests**
- Tyres Supplied & Fitted
- **FREE Courtesy Cars**



www.barrett-lee.co.uk 01787 370774

Unit 4, Byford Road, Sudbury CO10 2YG

